

# **BECOMING A COUPLE**

An Introduction to **Psychoanalytic Couple Psychotherapy** 

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Access Institue for Psychological Services is approved by the American Psychological Association to sponsor continuing education for psychologists. Access Institue for Psychological Services maintains responsibility for this program and its content

## **3 CEU CREDITS**

## **COURSE DESCRIPTION**

This course will help students gain an understanding of working psychoanalytically with couples. This approach enables a therapist to think about both of the individuals as well as the couple's shared unconscious and to help the couple learn how to think about what they are creating together.

#### **ADDRESS**

110 GOUGH ST. SUITE 110. SAN FRANCISCO.CA 94102

#### DATE

September 21, 2024

#### TIME

10:00 am - 1:00 pm

FOR ANY QUESTIONS OR CONCERNS, PLEASE CONTACT VALANETTE AMIE AT VALANETTE@ACCESSINST.ORG



### **COST:**

GENERAL ADMISSION- \$35.00 + \$15 / UNIT **A.I. ALUMNI ADMISSION- \$25.00 + \$15 / UNIT CURRENT FACULTY AND STAFF - \$1.00** 

### LEARNING OBJECTIVES

- 1. Participants will be able to define and describe three core concepts of psychoanalytic couple psychotherapy.
- 2. Participants will be able to define and describe two ways in which projective identification can contribute to narcissistic object relating in couples

## **READINGS NEEDED**

- 1. Morgan, M. (2001) First Contacts: The Therapist's "Couple State of Mind" as a factor in the containment of couples seen for consultations.
- 2. Morgan, M (1995) "The projective gridlock: a form of projective identification in couple relationship